

# A-MIA

## *Nutritional Beauty*

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### NEWSLETTER

#### PRODUCT OF THE MONTH – Herb Lotion-1

This lotion includes the 4 ESSIAC herbs, which are used in a Red Indian recipe, traditionally used for cancer patients and pioneered by the Canadian nurse Renee Caisse. The herbs are burdock root, turkey rhubarb root, slippery elm and sheep's sorrel. They are combined in a special way to make a nutritious blood-cleansing tea before being combined into the lotion. It does not contain any plant protein but lots of moisture, so it is easily absorbed and as it contains no essential oils, it usually suits sensitive skin and is ideal for babies and young children. I was very interested to receive the note below from Mr. Vivers, who has used my products containing the ESSIAC herbs for sometime.

#### TESTIMONIAL FOR THE HERB LOTION-1

“From Mr. K. G. M. Vivers, Skiddaw, Carlisle Road, Annan, Dumfriesshire, DG2 6Q

*Dear Katie, During the past few years I have heavily depended on your Herb Cream-1 and Herb Lotion-1 to maintain the quality of my health. They have become essential, especially for asthma where my need for inhalers has dropped to Zero. When applied to the skin, regularly, over any ailing organ, these creams and lotions actually restore that organ or gland back to normal function, in my experience, whether bronchii, kidneys, diverticuli or thyroid – or wherever. So I've no doubt they'll work well for recuperating cancer patients – provided they use it with total regularity. You should really be selling “wagon loads” of these lotions because, if thousands of people got to know about them and how to use them properly the NHS waiting rooms would have their patient load markedly reduced. I studied at medical school in student days, so I do not make that statement lightly.*

*Thank you, Kindest regards”*

#### PLANT OF THE MONTH – COCONUT

When I started to make skin care products, I chose the coconut oil as the carrier because its pH factor is like the skin - about 5. This naturally creates a barrier to prevent our bodies being invaded by troublesome bacterial infections and germs. It contains the essential fatty acids to protect us and like many plant oils it is fine and non-sticky, so combines with the vital water to make good moisturisers and skin foods. Traditionally in the tropics it has been used for Centuries for massage and skin care. It is so good for this and therefore far superior to harsh petrol derivatives so often found in cosmetics. It is now widely recognised to form a barrier to ward off infections, relieve dryness, prevent skin sagging and wrinkling, age spots and also helps to protect from ultraviolet radiation from the sun. Nature is so intelligent that every part of the Earth contains the flora that is beneficial for its local environment. Coconuts grow in the sunny tropical climes for a reason, so sadly we do not have one in my herb garden.

#### OFFER OF THE MONTH

[DN-AMINO-LIGHT February Offer Price £11.00](#)

[DN-AMINO-RICH February Offer Price £11.00](#)

[TO PLACE AN ORDER FOR THE “OFFERS” PLEASE TELEPHONE ME ON 01993 822 800  
as they cannot be incorporated into the website.](#)

*Katie May*

*2<sup>nd</sup> February, 2011.*

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